



City of  
**SANTA CLARITA**  
**PUBLIC LIBRARY**

# Foundations for Healing

*A parent workshop on resilience  
presented by the Santa Clarita Public Library*

**Thursday, December 19, 2019 | 5:30 – 7:00 PM**

Valencia Library | Santa Clarita Public Library

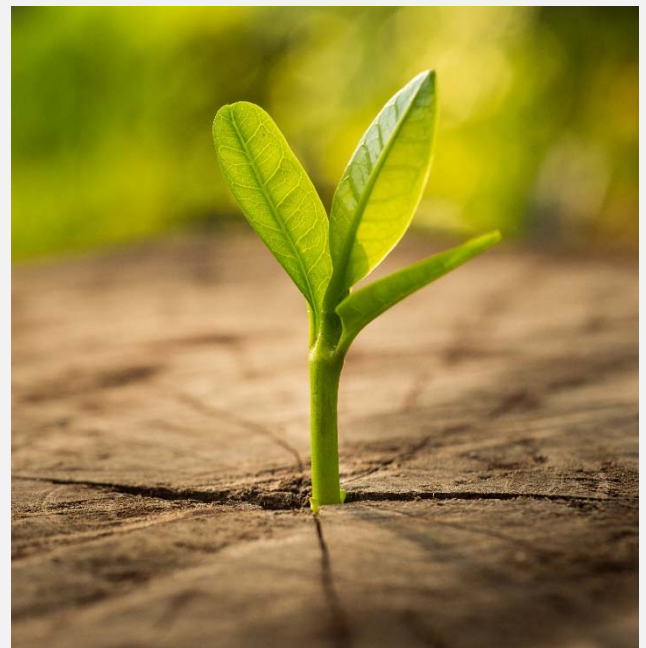
23743 W. Valencia Blvd

City of Santa Clarita

<http://www.santa-clarita.com>

Creating connections and support helps families stay strong. Transitions, stress, and tragedy can affect even the strongest foundations. This workshop will focus on:

- Restoring family routines
- Enhancing family resilience
- Understanding and supporting child reactions to stress and trauma



*Featuring special guest speakers Dr. Catherine Mogil and Ms. Jessica O'Leary  
from the DMH-UCLA Prevention Center of Excellence*



**DMH-UCLA  
PREVENTION CENTER OF EXCELLENCE**

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